

Snap Kitchen's Weight Watchers Points

While we're not affiliated with Weight Watchers and don't endorse the program, we know some of our customers like to count points using their SmartPoints system.

Since we're all about making life easier at Snap Kitchen, we've done the calculations for you for every current menu item. Please note - every item listed may not be available at all locations. If you have any further questions, you can email snapcare@snapkitchen.com!

Lunch & Dinner

Menu Item	Points
Baked Ziti with Italian Beef Sausage	13
Barbacoa Brisket Bowl	15
Bison Quinoa Bowl with Peppers & Onions	13
Blackened Shrimp with Quinoa Grits	14
Buffalo Ranch Burger with Loaded Roasted Cauliflower	20
Burger Bowl with Dill Relish	15
Cacio e Pepe with Rosemary Chicken	13
Chicken Carnitas Tacos with Salsa Verde	15
Chicken Enchiladas with Tomatillo Salsa	13
Chicken Kabob Bowl with Saffron Rice	12
Chicken Pesto Pasta	16
Chicken Tikka Masala with Basmati Rice	16
Chili Lime Salmon Bowl	18
Creamy Chicken Stew with Rice	14
Grilled BBQ Chicken Tenders with Mac & Cheese	19
Hatch Chile Alfredo with Grilled Chicken	15

Menu Item	Points
Korean BBQ Meatballs with Sesame Broccoli & Carrots	17
Maple Dijon Chicken with Roasted Vegetables	11
Mike's Hot Honey Chicken Bowl	17
Peach BBQ Brisket with Loaded Cauliflower	16
Pumpkin Alfredo with Sage Chicken Sausage	20
Sloppy Joe Loaded Sweet Potatoes	17
Steak Street Tacos with Salsa Verde	14
Tandoori Chicken with Saffron Rice	15
Texas Brisket Fried Rice with Chili Crunch	16
Tex-Mex Breakfast Wrap with Homemade Salsa	13
Un-Stuffed Pepper Bowl	18
Wagyu Fajita Bowl	14
Yakitori Chicken Bowl	13
Za'atar Steak with Lemon-Roasted Potatoes	15

Snapables

Menu Item	Points
AB JamCakes	13
Chicken Dunkers	20
BYO Pizza	12

Snap for 4

Menu Item	Points
Baked Ziti with Italian Beef Sausage (For 4)	15 per serving
Cacio e Pepe with Parmesan Broccoli (For 4)	12 per serving
Chicken Enchiladas with Tomatillo Salsa (For 4)	11 per serving
Grilled BBQ Chicken Tenders with Mac & Cheese (For 4)	19 per serving
Pancakes (For 4)	13 per serving

Breakfast

Menu Item	Points
Bacon & Cheddar Egg Bites	10
Carrot Cake Overnight Oats	14
Country Breakfast Bowl with Sausage	15
Greek Yogurt Parfait with Mixed Berries	8
Pumpkin Pancakes with Maple Butter	14
Pancakes with Maple Syrup	18
Pillars Drinkable Greek Yogurt Peach	1
Tex-Mex Breakfast Wrap with Homemade Salsa	13

Soups & Salads

Menu Item	Points
Blueberry Goat Cheese Salad with Chicken	16
Butternut Squash Soup	12
Caesar Salad with Grilled Chicken	13
Caprese Salad with Grilled Chicken	16
Cobb Salad with Blackened Chicken	11
Harvest Salad with Grilled Chicken	16
Thai Noodle Salad with Grilled Steak	18
White Chicken Chili	6

Proteins & Sides

Menu Item	Points
Angus Burgers (For 4)	7 per serving
Grilled BBQ Chicken Tenders (For 4)	6 per serving
Grilled Salmon (For 4)	7 per serving
Hill Country Chicken Salad (For 4)	11 per serving
Loaded Cauliflower (For 4)	5 per serving
Mac & Cheese (For 4)	12 per serving
Parmesan-Roasted Broccoli (For 4)	4 per serving
Salt & Pepper Chicken (For 4)	3 per serving

Sweets & Bakery

Menu Item	Points
Blondie	15
Brownie	14
Eating Evolved - Hazelnut Butter Keto Cups	7 per container
Hail Merry Dark Chocolate Cups	9 per container
Hail Merry Meyer Lemon Cups	10 per container
Hail Merry Sweet Potato Pie Cups	12 per container
Chocolate Chip Cookies	6 per cookie
Double Chocolate Chip Cookies	9 per cookie
Banana Dark Chocolate Bites	8 per serving

Snacks

Menu Item	Points
Texas Spicy Nut Mix	5 per serving
Hill Country Chicken Salad	10 per serving
Protein Snack Pack	15
Scout - Tuna Chili Crisp	8
Scout - Tuna Za'atar	8
Simple Mills Almond Flour Crackers - Sea Salt	3
Siete Tortilla Chips - Nacho	5
Siete Tortilla Chips - Sea Salt	4
Love, Corn - Sea Salt	2
Absolutely! Grain-Free Everything Flatbreads	2
Whisps - Asiago Pepper Jack	5
Blue Dinosaur - Cheesecake Base Bar	9
Blue Dinosaur - Cinnamon Scroll Bar	9
Chomps - Jalapeno	3
Chomps - Original Beef	3
Nick's Free Range - Turkey Sticks	2
Once Upon a Farm - Banana Chocolate Chip Bar	7
G2G Protein Bar - Almond Oatmeal Cookie	10
G2G Protein Bar - Peanut Butter and Jelly	10
IQ Bar, Almond Butter Chip	5
Recess - Zero Proof Lime "Margarita"	2
RX Bar - Chocolate Sea Salt	7
RX Bar - Gingerbread	6
RX Bar - Pumpkin Spice	6
Siete - Jalapeno Botana Sauce	0 per serving
Siete - Sea Salt Kettle Cooked Potato Chips	4
Siete - Chipotle BBQ Kettle Cooked Potato Chips	4
Siete - Grain Free Churro Strips	6
Perfect Bar - Peanut Butter	11
Perfect Bar - Dark Chocolate Chip Peanut Butter	10

Menu Item	Points
Pumpkin Spice Cashew Clusters	5 per serving
Vital Farms - Pasture-Raised Hard Boiled Eggs	2 per serving
Vital Proteins - Lemon Lime Hydration Collagen Packet	1

Drinks

Menu Item	Points
Carrot Ginger	8
Spicy Citrus	10
Super Greens	2
Tropical Greens	9
Watermelon Wonder	9
Chameleon - Ready-to-Drink Cold Brew	0
Heywell - Energy + Focus: Sparkling Strawberry Lemon	1
Holy Kombucha - Raspberry Pomegranate	2 per serving
Holy Kombucha - Green Apple Ginger	2 per serving
Kirra - Mango Black Tea	2
Kirra - Passionfruit Guava Tea	2
OLIPOP - Classic Grape	2
OLIPOP - Cream Soda	2
OLIPOP - Tropical Punch	2
OLIPOP - Vintage Cola	2
Recess Sparkling Water Peach Ginger	1
Recess Sparkling Water Strawberry Rose	1
Gt's Watermelon Wonder Kombucha	4
Orgain - Creamy Chocolate Fudge Clean Protein Shake	2
Orgain - Vanilla Bean Clean Protein Shake	3
Rambler - Peach Yaupon Sparkling Energy Drink	4

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