

Snap Kitchen's Weight Watchers Points

While we're not affiliated with Weight Watchers and don't endorse the program, we know some of our customers like to count points using their SmartPoints system.

Since we're all about making life easier at Snap Kitchen, we've done the calculations for you for every current menu item. Please note - every item listed may not be available at all locations. If you have any further questions, you can email snapcare@snapkitchen.com!

Lunch & Dinner

Menu Item	Points
Baked Ziti with Italian Beef Sausage	13
Bison Quinoa Bowl with Peppers & Onions	13
Buffalo Chicken Bowl with Homemade Ranch	14
Buffalo Ranch Burger with Loaded Roasted Cauliflower	20
Burger Bowl with Dill Relish	15
Cacio e Pepe with Rosemary Chicken	13
Chicken Caesar Wrap	18
Chicken Carnitas Tacos with Salsa Verde	15
Chicken Enchiladas with Tomatillo Salsa	13
Chicken Kabob Bowl with Saffron Rice	12
Chicken Pesto Pasta	16
Chicken Tikka Masala with Basmati Rice	16
Chipotle Bacon Wrap	18
Chili Lime Salmon Bowl	18
Greek Beef Bowl with Dill Cream Sauce	15
Grilled BBQ Chicken Tenders with Mac & Cheese	19

Menu Item	Points
Jerk Mahi Mahi Bowl	19
Korean BBQ Meatballs with Sesame Broccoli & Carrots	17
Lemon-Roasted Salmon with Basmati Rice and Dill Cream Sauce	12
Mike's Hot Honey Chicken Bowl	17
Peach BBQ Brisket with Loaded Cauliflower	16
Sloppy Joe Loaded Sweet Potatoes	17
Steak Street Tacos with Salsa Verde	14
Stir-Fry Chicken and Broccoli with Garlic Sauce	7
Tandoori Chicken with Saffron Rice	15
Texas Brisket Fried Rice with Chili Crunch	16
Tex-Mex Breakfast Wrap with Homemade Salsa	13
Wagyu Fajita Bowl	14
Yakitori Chicken Bowl	13

Snap for 4

Menu Item	Points
Baked Ziti with Italian Beef Sausage (For 4)	15 per serving
Cacio e Pepe with Parmesan Broccoli (For 4)	12 per serving
Chicken Enchiladas with Tomatillo Salsa (For 4)	11 per serving
Chicken Tikka Masala with Basmati Rice (For 4)	17 per serving
Grilled BBQ Chicken Tenders with Mac & Cheese (For 4)	19 per serving
Pancakes (For 4)	13 per serving
Stir-Fry Chicken & Broccoli with Basmati Rice (For 4)	12 per serving

Breakfast

Menu Item	Points
Bacon & Cheddar Egg Bites	10
Blueberry Crunch Overnight Oats	8
Country Breakfast Bowl with Sausage	15
Greek Yogurt Parfait with Mixed Berries	8
Lemon Poppyseed Pancakes	14
Pancakes with Maple Syrup	18
Pillars Drinkable Greek Yogurt Peach	1
Tex-Mex Breakfast Wrap with Homemade Salsa	13

Soups & Salads

Menu Item	Points
Blueberry Goat Cheese Salad with Chicken	16
Caesar Salad with Grilled Chicken	13
Caprese Salad with Grilled Chicken	16
Cobb Salad with Blackened Chicken	11
Thai Noodle Salad with Grilled Steak	18
White Chicken Chili	6

Proteins & Sides

Menu Item	Points
Angus Burgers (For 4)	7 per serving
Grilled BBQ Chicken Tenders (For 4)	6 per serving
Grilled Salmon (For 4)	7 per serving
Hill Country Chicken Salad (For 4)	11 per serving
Loaded Cauliflower (For 4)	5 per serving
Mac & Cheese (For 4)	12 per serving
Parmesan-Roasted Broccoli (For 4)	4 per serving
Salt & Pepper Chicken (For 4)	3 per serving

Sweets & Bakery

Menu Item	Points
Blondie	15
Brownie	14
Eating Evolved - Hazelnut Butter Keto Cups	7 per container
Hail Merry Dark Chocolate Cups	9 per container
Hail Merry Meyer Lemon Cups	10 per container
Chocolate Chip Cookies	6 per cookie
Double Chocolate Chip Cookies	9 per cookie
Banana Dark Chocolate Bites	8 per serving

Snacks

Menu Item	Points
Texas Spicy Nut Mix	5 per serving
Hill Country Chicken Salad	10 per serving
Honey Almond Granola Clusters	4 per serving
Protein Snack Pack	15
Simple Mills Almond Flour Crackers - Sea Salt	3
Siete Tortilla Chips - Nacho	5
Siete Tortilla Chips - Sea Salt	4
Love, Corn - Sea Salt	2
Absolutely! Grain-Free Everything Flatbreads	2
Whisps - Asiago Pepper Jack	5
Chomps - Jalapeno	3
Chomps - Original Beef	3
Nick's Free Range - Turkey Sticks	2
G2G Protein Bar - Almond Oatmeal Cookie	10
G2G Protein Bar - Peanut Butter and Jelly	10
IQ Bar, Almond Butter Chip	5
RX Bar - Chocolate Sea Salt	7
Siete - Jalapeno Botana Sauce	0 per serving
Siete - Sea Salt Kettle Cooked Potato Chips	4
Siete - Chipotle BBQ Kettle Cooked Potato Chips	4
Siete - Grain Free Churro Strips	6
Perfect Bar - Peanut Butter	11
Perfect Bar - Dark Chocolate Chip Peanut Butter	10
Vital Farms - Pasture-Raised Hard Boiled Eggs	2 per serving
Vital Proteins - Lemon Lime Hydration Collagen Packet	1

Drinks

Menu Item	Points
Carrot Ginger	8
Spicy Citrus	10
Super Greens	2
Tropical Greens	9
Watermelon Wonder	9
Chameleon - Ready-to-Drink Cold Brew	0
Heywell - Energy + Focus: Sparkling Strawberry Lemon	1
OLIPOP - Cream Soda	2
OLIPOP - Orange Cream	2
OLIPOP - Strawberry Vanilla	2
OLIPOP - Vintage Cola	2
Recess Sparkling Water Peach Ginger	1
Recess Sparkling Water Strawberry Rose	1
Gt's Watermelon Wonder Kombucha	4
Orgain - Creamy Chocolate Fudge Clean Protein Shake	2
Orgain - Vanilla Bean Clean Protein Shake	3
Rambler - Peach Yaupon Sparkling Energy Drink	4

<https://blog.snapkitchen.com/weight-watcher-points/>